

NOVEMBER 2026

SANDS CISD

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Monday

Mini Pancakes, Yogurt,
Fruit, Fruit Juice, Milk**

2

Drumstick, Cornbread, Fresh
Veggie Cup, Sweet Potato Fries,
Mixed Fruit, Milk Variety

Pancake Wrap, Cheese Stick,
Fruit, Fruit Juice, Milk**

9

PB&J, Cheese Stick,
Fresh Veggie Cup, Baby Carrots,
Diced Peaches, Animal Crackers,
Grapes, Milk Variety

Sausage Kolache, Cheese Stick,
Fruit, Fruit Juice, Milk**

16

Pizza, Salad,
California Blend Veggies,
Diced Peaches, Milk Variety

23

PB&J, Cheese Stick, Fruit,
Fruit Juice, Milk**

30

Hamburger/Cheeseburger,
Tomato Cup, Salad, Diced Pears,
Milk Variety

Tuesday

PB&J, Cheese Stick, Fruit,
Fruit Juice, Milk**

3

Frito Pie, Pinto Beans, Salad,
Diced Pears, Milk Variety

Waffles, Yogurt, Fruit,
Fruit Juice, Milk**

10

Crispy Chicken Sandwich,
Sliced Cucumbers, Salad,
Apple Slices, Milk Variety

Mini Pancakes, Yogurt, Fruit,
Fruit Juice, Milk**

17

Enchiladas, Charro Beans,
Seasoned Corn, Diced Pears,
Ice Cream, Milk Variety

24

Wednesday

Muffins, Yogurt, Fruit,
Fruit Juice, Milk**

4

Chicken Strips, Peppered Gravy,
Roll, Green Beans, Seasoned Corn,
Diced Peaches, Milk Variety

Breakfast Strudel,
Cheese Stick, Fruit, Fruit Juice,
Milk**

11

Ham & Cheese Sandwich, Chips,
Tomato Cup, Fresh Veggie Cup,
Diced Peaches, Milk Variety

Breakfast Burrito, Fruit,
Fruit Juice, Milk**

18

Country Fried Steak, Roll,
Mashed Potatoes, Green Beans,
Grapes, Milk Variety

25

Thursday

Honey Buns, Cheese Stick,
Fruit, Fruit Juice, Milk**

5

Pizza Sticks, Marinara Sauce,
Steamed Broccoli, Applesauce,
Milk Variety

Breakfast Bread, Yogurt,
Fruit, Fruit Juice, Milk**

12

Turkey, Dressing, Gravy, Roll,
Savory Green Beans,
Roasted Potatoes, Snowball Salad,
Milk Variety

French Toast, Yogurt, Fruit,
Fruit Juice, Milk**

19

Popcorn Chicken, Mac & Cheese,
Sliced Carrots, Broccoli Salad,
Apple Slices, Milk Variety



Friday

Cereal, Fruit, Fruit Juice,
Milk, Milk Variety**

6

Quesadilla, Sliced Cucumbers,
Baby Carrots, Orange Smiles,
Milk Variety

Stuffed Bagel, Fruit,
Fruit Juice, Milk**

13

Corndogs, Tater Tots,
Baby Carrots, Mixed Fruit,
Cookie, Milk Variety

Sausage Biscuit, Fruit,
Fruit Juice, Milk*

20

Hot Dog, Tater Tots, Tomato Cup,
Orange Smiles, Cookie,
Milk Variety

27

Thanksgiving Meal Thursday November 12th
November 23rd – 27th **No School**

Water Offered at Breakfast and Lunch
Variety of Fruit Offered to High School at Lunch